

# Burton Elementary School Bulletin



## May 2026 Edition

### Show Resilience: STARS Focus for May

This month our students will work on developing **resilience**. Building resilience in children involves fostering the ability to adapt to adversity, manage stress, and bounce back from challenges. Key strategies include encouraging positive thinking, problem-solving, fostering strong relationships, and modeling calm coping behaviors.

### May Mindfulness

Social Emotional Learning is an important part of your child's day. Take a moment with your child to review some strategies:

[The Social & Emotional Learning Song](#)

[Scratch Garden](#)

To support this learning students will participate in our next **Heart Healthy Schools Challenge: Rest and Recharge!** We will learn about mindfulness, deep breathing, and learn ways to get calm for moments that require focus and before bedtime. Check out this breathing exercise at home.

<https://www.youtube.com/watch?v=SV85YuGaPuU>



### Kindergarten Orientation

On Friday, May 29<sup>th</sup>, students entering kindergarten in the fall are invited to an **in-person** orientation session from **1:00-1:30 PM**. Information has been forwarded to new kindergarten families. This will be a no school that day for our current Kindergarten students.



### Transition Time for Grade Two Students

Soon our grade two students will move onto either Hubbard, or perhaps another school if they are moving. In preparation for the move, our grade two students will have a chance to visit their new zoned school on **June 5<sup>th</sup>**. Teachers will send more detailed information to families about the school tour.

### Jump Rope for Heart

We are once again educating our students on heart health through our Jump Rope for Heart campaign. They are learning in the gym as well as through virtual presentations on how to have a healthy heart. The Jump Day event will take place on May 15<sup>th</sup> with a rain date of May 20<sup>th</sup>.



## Books for Bikes-Community Partnership

In partnership with the NB Masonic Charities Hiram Lodge #6, we will be participating in the **Books for Bikes Reading Challenge**. From May 12-June 1<sup>st</sup>, for each book a student reads (or share read with an adult) they can complete a ballot. Ballots are to be returned to school daily and will be added to the classroom collection bin. Students can choose to add their own name to the ballot or write a friend's name instead. At the end of the event 2 winners will be drawn from each classroom to win a beautiful new bike and helmet! This is a very exciting opportunity and a fabulous way to encourage reading!



## Celebrating Mothers and Other Nurturers

We want to send a big Burton Stars greeting to our families and parents who support our students in a motherly way - moms, dads, and extended family. Great job! Happy Mother's Day to all of you!

## Dates to Remember:

May	
1 <sup>st</sup>	No school for students
10 <sup>th</sup>	Mother's Day 
11 <sup>th</sup>	NBTA Branch Day - No school
12 <sup>th</sup>	Books for Bikes Begins
15 <sup>th</sup>	Jump Rope for Heart
18 <sup>th</sup>	Victoria Day - no school
20 <sup>th</sup>	Rain Date for Jump Event
28 <sup>th</sup>	Whole School Assembly & School Dance 6:00-7:00
29 <sup>th</sup>	Kindergarten Orientation
29 <sup>th</sup>	No School for Kindergarten

JUNE	
1 <sup>st</sup>	Books for Bikes ends-all ballots due
1 <sup>st</sup> -5 <sup>th</sup>	National Accessibility Week
3 <sup>rd</sup>	Bike Draw
4 <sup>th</sup>	Tentative Date for Field Trip- more info to follow.
5 <sup>th</sup>	Happy Hubbard Day Visit AM
5 <sup>th</sup>	Walk and Roll Event PM
16 <sup>th</sup>	World's UNBound Visiting
17 <sup>th</sup>	PSSC @ 5:30
18 <sup>th</sup>	Grade 2 Advancement Ceremony time TBD
19 <sup>th</sup>	Last day for students SUMMER BEGINS 
21 <sup>st</sup>	Happy Father's Day!

*\*\*Additional important dates to follow once events are confirmed (Family picnic, Splash pad field trip, & Student Fun Day).*

## Our School Website:

<https://burton.nbed.ca/>

## Facebook:

<https://www.facebook.com/profile.php?id=61564262865173>

From the Students and Staff of Burton,  
a Wonderful May to All!

